

ACADEMIES

VALAMAR
COLLECTION

**PICAL
RESORT**



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Unlock your child's potential with our unique academies

FOR CHILDREN AGED 4-15



Pical Academies turn holidays into inspiring journeys of discovery, creativity and growth. Here, learning happens naturally – through movement, play and hands-on experiences that spark curiosity and reveal new talents. Guided by expert coaches and mentors, children aged 4 to 15 explore a world where sports, arts, science and music become exciting adventures, all within a safe and encouraging environment.

More than a collection of classes, Pical Academies are designed as meaningful experiences. Each program builds skills and confidence, invites creativity and exploration, and brings children together through shared moments of fun and friendship – creating memories that last long after the holiday ends.

A wide range of activities, from sports and swimming to arts, science and music.

Expert coaches and mentors providing safe, inspiring and high-quality guidance.



Programs focused on building skills, confidence and personal growth.

Creativity and discovery at the heart of every experience.

Unforgettable moments that blend learning, fun and new friendships.



SPORTS ACADEMIES



Stage Dance Academy

Stage Dance Academy encourages children to explore their love of music and movement in a creative atmosphere. Professional instructors guide them through choreography, coordination and rhythm, boosting self-confidence and stage presence.

Ages: 6–15

Groups:

6–10 years: 1 group

11–15 years: 2 groups

Group size: 2–10 children per group for plenty of individual attention

Duration: 60-minute sessions, available as a single class or a 5-class package

Individual lessons: Available on request (60 min)

Location: Indoor Theatre / FunLab

Partner: USB Dance Club Poreč

Availability: 1 April – 1 October

Prices per person

Group training (single session × 60 min): €80

Individual training (single session × 60 min, by prior arrangement): €110

Group training (5-session package × 60 min): €350

Schedule

10:00 – 11:00: Group 6–10 years (Mon to Fri)

11:00 – 12:00: Group 11–15 years (Mon to Fri)

FIVE-DAY PROGRAMME

Throughout the five-day programme, participants:

- Refine jazz and contemporary dance technique
- Develop creativity, musicality and stage performance
- Build self-confidence and teamwork skills
- Explore various dance styles (Broadway, Lyrical, Commercial, Afro, Fusion, Contemporary)
- Receive a certificate of completion at the end



FIVE-DAY DANCE PROGRAMME - DETAILED SCHEDULE

Ages & Groups:

6–10 years (10:00 – 11:00)

11–15 years (11:00 – 12:00)

SCHEDULE & DANCE STYLES:

Group 6–10 years (10:00 – 11:00)

Monday – Broadway Jazz

Warm-up, strength exercises, jazz technique across the floor, stage movement & interpretation, choreography, cool-down

Tuesday – Lyrical Jazz

Warm-up, strength exercises, jazz technique, choreography, cool-down

Wednesday – Afro Jazz

Warm-up, strength exercises, jazz technique, choreography, cool-down

Thursday – Contemporary / Modern

Warm-up, creative improvisation, individual & group movement exploration, joint choreography, cool-down

Friday – Contemporary / Modern

Warm-up, contemporary technique, dance tricks, choreography, cool-down

Group 11–15 years (11:00 – 12:00)

Monday – Lyrical Jazz

Warm-up, strength exercises, jazz technique, jumps & turns, choreography, cool-down

Tuesday – Commercial Jazz

Warm-up, strength exercises, jazz technique, choreography, cool-down

Wednesday – Jazz Fusion

Warm-up, jazz technique, jumps & turns, choreography, cool-down

Thursday – Contemporary / Modern

Warm-up, improvisation, creative tasks, individual & partner/group movement, joint choreography, cool-down

Friday – Contemporary / Modern

Warm-up, contemporary technique, dance tricks, partner work, choreography, cool-down



Aerial Silk Academy

Aerial Silk Academy introduces children to the unique discipline of aerial performance, where artistry meets athletic strength. Under the guidance of professional instructors, participants build confidence as they learn to move, spin and pose high above the ground in a safe and supportive environment.

Ages: 7+

Group size: up to 5 participants

Duration: single 90-minute session or three-session package

Location: Outdoor area of the Pical Resort

Partner: USB Dance Club Poreč

Availability: 1 April – 1 October

Prices per person

Group training (single session × 90 min): €70

Group training (3-session package × 90 min): €210

Individual training (single session × 90 min, by prior arrangement): €110

Schedule

10:00 – 12:30 Monday to Friday

THREE-DAY PROGRAMME

Over three days, participants will:

- Learn the basics of aerial silk and apparatus handling
- Develop strength, flexibility, and muscle control
- Practice spins, climbs, inversions, and body positioning
- Explore musicality, rhythm, and expressive movement
- Consolidate skills in a full choreography with confidence
- Receive a certificate of completion at the end



Bike Academy

The perfect setting for children to start cycling or refine their biking skills. With premium Woom bikes and expert instructors, kids learn safely in small groups, gain confidence on two wheels, and master braking, climbing, and descending with ease, all through fun and engaging activities.

LEARN TO RIDE (4-5 YEARS)

Individual training

Session options: single 60-minute session or three-session package

Pricing: €70 per single session, €190 for three-session package

Location: Bike Center Poreč/
Pical Resort

Availability: April – November,
Monday – Saturday

ADVANCED TRAINING (6-10 YEARS)

Group size: up to 8 children

Session options: Single 60-minute session or three-session package

Pricing: €45 per person per single group session, €120 per person for three-session package

Location: Bike Center Poreč/
Pical Resort

Availability: April – November,
Monday



WATER SPORTS ACADEMIES



Snorkeling Academy

Snorkeling Academy offers a safe and exciting introduction to the underwater world of the Adriatic. With all equipment provided, children discover life beneath the surface while learning essential water safety skills from experienced instructors.

Ages: 6+

Group size: up to 4 participants

Duration: 60-minute sessions, available as a single class or a 2-class package

Equipment: mask and snorkel included

Location: Pical Sports Center

Availability: 1 June – 1 September (weather-dependent)

Pricing: from €50 for a single session or €90 for a two-session package

TWO-DAY PROGRAMME

Over two days, participants will:

- Learn snorkelling basics: equipment selection, mask fitting, snorkel use, and breathing techniques
- Practice body position, water safety, and mask clearing in shallow water
- Participate in guided snorkelling tours along the coast
- Develop advanced techniques: diving from the surface, ear pressure equalization, underwater movement, turns, and direction changes
- Receive a certificate of completion at the end



Swimming Academy

Let your child build lifelong swimming skills and confidence with certified coaches using the award-winning **Fred Swim Academy method**. Small groups and one-on-one sessions ensure a safe, effective, and fully personalised learning experience in premium pools.

PRIVATE LESSONS INDIVIDUAL SESSIONS

Programmes: non-swimmers, beginners, advanced swimmers

Session duration: 45 min

Pricing: €60

NON-SWIMMERS GROUP (0-4.5 YEARS)

Parental supervision required

Group size: up to 5 children

Session duration: 5 x 45 min

Pricing: €150 per person

BEGINNER GROUP (4.5+ YEARS)

Group size: up to 5 children

Session duration: 5 x 45 min

Pricing: €200 per person

SLIGHTLY ADVANCED GROUP (5+ YEARS)

Group size: up to 5 children

Session duration: 5 x 60 min

Pricing: €290 per person

Availability: year-round,
Monday – Saturday

Location: indoor swimming pool
at Pical Resort

PROGRAMME

Non-swimmers focus on feeling safe in the water, supported by both parents and instructors, with specially designed flotation aids. Older children progress through structured steps, from basic floating and kicking to correct strokes and breathing techniques. At every level, the priority is safety, gradual progress and a positive, motivating experience.



SUP Academy

Little explorers set out on a fun-filled stand-up paddleboarding adventure. With gentle guidance, they learn to balance, paddle, and glide across the water, gaining confidence and discovering the pure joy of holiday by the sea.

Ages: 6+

Group size: up to 5 children

Session options:

single 60-minute session

Pricing: €50 per person

per single group session

Location: Valamar Sport center
at Pical Resort

Availability: June – September,
Monday – Friday (weather-dependent)

SINGLE-SESSION PROGRAMME

Through one session, participants will:

- Learn SUP basics, equipment handling, and water safety
- Practice balance, paddling techniques, and turns
- Develop coordination and control on the board
- Participate in a guided mini tour on the sea
- Receive a certificate of completion at the end



CREATIVE ACADEMIES



DJ Academy

DJ Academy opens the door to the world of music, rhythm and live performance. Guided by professional DJs, children and teens discover how to create their own sound, mix tracks and feel the energy of playing for an audience.

Ages: two groups – 7–10 and 11–15 years
Group size: up to 8 participants
Duration: 3-day programme, 45 minutes per day
Location: indoor Theatre
Partner: Personal Events Istra
Availability: June – September
Pricing: programme-based (3 consecutive sessions x 45 minuta)
- €150

THREE-DAY PROGRAMME

Over three days, participants will:

- Learn the role of a DJ and basic equipment overview
- Understand rhythm, music genres, BPM, cue points, and beatmatching
- Practice mixing, transitions, and functions of the mixer
- Perform a final set of three songs independently
- Receive a certificate of completion at the end



Ages: 4+

Group size: 3 - 12 children

Session options: single 45 min session or 2 session package

Pricing: €40 per person per single group session or €70 per person for a two-session package

Location: indoor theatre / FunLab

Availability: year-round, Monday, Tuesday and Friday

Art of fun Academy

Encourage children to unleash their imagination through hands-on workshops. Guided by skilled instructors, young creators explore colours, textures and materials in a playful and inspiring environment that nurtures confidence and artistic expression.

TWO-DAY PROGRAMME

Over two days, participants will:

- Learn and practice Fluid Art techniques, including pouring, texturing, and using unconventional tools
- Prepare colours and experiment with creative applications
- Develop artistic expression through guided activities and mini challenges
- Present their work in a mini exhibition
- Receive a certificate of completion at the end



Thinker Labs Academy

Curious young minds step into the inspiring world of STEAM, where creativity meets discovery. Through hands-on fun and playful challenges, children build, explore, and invent, gaining confidence, new skills, and plenty of smiles along the way.

Groups: 4 - 7 years & 8 - 12 years
Group size: 3 - 10 children
Session options:
single 60-minute group session
Pricing: €40 per person
Location: indoor theatre / FunLab
Availability: year-round, Monday – Tuesday and Thursday - Saturday

TINKER STARTERS (4-7 YEARS)

Throughout each session, participants:

- Explore chemical reactions and basic scientific principles through guided experiments
- Discover dinosaurs and create salt-dough fossils
- Experiment with optical illusions, mini-experiments, and “science or magic” activities
- Make slime and investigate its texture and reactions
- Learn about electricity, build simple circuits, and create small robots
- Receive a certificate of participation at the end

TINKER EXPLORERS (8-12 YEARS)

Throughout each session, participants:

- Explore chemical reactions through hands-on experiments like lava lamps and Elephant Toothpaste
- Learn engineering principles and build structures individually or in groups
- Discover optical illusions, colour perception, and “magical” science experiments
- Investigate physics concepts such as energy, motion, and forces with interactive experiments
- Build simple electrical circuits and connect small motors
- Receive a certificate of participation at the end



PROGRAMME SCHEDULE

Ages & Groups:

4-7 years (10:30 – 11:30)

8-12 years (11:30 – 12:30)

Group 4-7 years (10:30 – 11:30)

The sessions include simple experiments with colours and reactions, dinosaur-themed activities, optical illusions, slime making and first steps into electricity and tiny robots.

Monday - Chemical reactions

Introduction and exploration, learning through guided experiments, independent practical work

Tuesday- Fantastic dinosaurs

Introduction and theoretical part about dinosaurs, puppet show, independent work

Thursday - Science or magic

Introduction and Motivation – the teacher performs a short “magic” trick; learning through guided experiments, independent work and mini-experiments

Friday – Scientific slimes

Discussion about what a slime is and how it behaves, independent work, inquiry and conclusion

Saturday - Caution: electricity

Discussion: which devices use electricity and how do they work; guided work: simple electrical circuit; independent work

Group 8-12 years (11:30 – 12:30)

The workshops go deeper into chemistry, engineering structures, physics concepts like energy and motion, and basic circuits with small motors. In every group, children learn by doing, collaborate with new friends and receive a certificate of participation.

Monday - Chemical reactions

Introduction and exploration, learning through guided experiments, demonstration and drawing conclusions, final comparison and discussion

Tuesday - Become an engineer and an architect

Introduction and getting to know engineering, guided demonstration: balance engineering challenges (individual and group work)

Thursday – Science or magic

Introduction and Motivation – the teacher performs a short “magic” trick; learning through guided experiments, independent work and mini-experiments

Friday - Fun physics experiments

Introduction to physics, experiments, teacher demonstration

Saturday - Caution: Electricity

Demonstration: series electrical circuit; exercises in building a series electrical circuit (students work independently); connecting an electric motor

Practical information

HOW TO BOOK

- **Before arrival:** via e-mail at academiespical@valamar.com
- **During your stay:** at the Family Hotel reception or the Experience Concierge desk
- **Confirmation:** a personalized e-mail with all program details

BOOKING DEADLINES

- **24 hours in advance:** Bike, Swimming, SUP, Snorkeling, DJ Academy
- **48 hours in advance:** Dance Academy, Art of Fun, Tinker Labs Academy

CANCELLATION POLICY

- **Up to 48 hours before the program:** free of charge
- **Cancellation within 48 hours:** 50% charge
- **No-show:** 100% charge

CONTACT

- academiespical@valamar.com

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